

Product details

Chiang Mai (Thailand) Volunteering Program itinerary (day by day)

The following is the itinerary for the Chiang Mai (Thailand) program on a day to day basis. This sample is for a 2 week program and longer programs itinerary can be made available if requested by the customer.

The plan depicts two options of programs – a basic version without any excursions and an upgraded version with weekend excursions pre-included

	Day	Volunteer Only Program	Volunteer & Travel Program	Meal Plan
WEEK 1:	Monday	Arrival at Chiang Mai airport and transfer to accommodation.		No Meal
	Tuesday	Transfer to Location, welcome meeting and orientation start. Orientation includes talks & presentations on: <ul style="list-style-type: none"> • Thailand & its culture • Social development and the role of volunteers • How to do volunteer work • Cultural responsibility • Personal safety & Code of Conducts • Introduction to allocated project and its description. <ul style="list-style-type: none"> ~ Thai language basics ~ Visit of local markets and orientation to the general local area ~ Visit of allocated projects 		B, L, D
	Wednesday to Friday	<ul style="list-style-type: none"> • Project work starts with the daily schedule of volunteering, cultural activities and free time. • Local cooking demonstration on one afternoon. • One local dinner with a host family to experience everyday life of regular Thai people. 		B,L,D
	Saturday	Free Weekend	Excursion to Chiang Rai	Only break-fast during excursions. All meals during camp stay
	Sunday	Free Weekend	Excursion to Chiang Rai	

	Day	Volunteer Only Program	Volunteer & Travel Program	Meal Plan
WEEK 2:	Monday To Friday	Volunteer Work with the daily schedule of volunteering, cultural activities and free time.		B,L,D
	Saturday	Free weekend to explore Chiang Mai	Day long excursion to Lampang	Only breakfast during excursions. All meals during camp stay
	Sunday	Free weekend with transfer to Chiang Mai airport for flight back home.	Half day visit to Wat Phra Thai Doi Suthep. Transfer to Chiang Mai airport for flight back home from 2000 hrs onwards.	

A typical day (indicative)

The schedule of the day depends on the type of project but below mentioned is just the brief outline of their normal day:

Timings	Activities
7:00-8:00hrs	Breakfast at accommodation
8:00-13:00hrs	Project volunteering work
13:30-14:30hrs	Lunch at accommodation ¹
15:00-16:00hrs	Cultural workshops- as per program schedule
16:00-17:00hrs	Preparation meeting/lesson planning for next day
17:00-17:30hrs	Tea/coffee at accommodation
19:00-20:00hrs	Dinner at accommodation

¹Lunch may be offered as packed lunch or lunch at the project depending on different factors such as distance from accommodation and others.

⁺The scheduled time table mentioned above may change due to the need of the project or any other circumstances.