
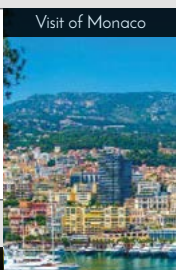






ANTIBES ESSENTIAL ACTIVITY PROGRAM
12-17 YEARS OLD

| | Sunday | Monday | Tuesday* | Wednesday | Thursday* | Friday | Saturday |
|------------------|---|------------------|--|-------------------|-------------------------|------------------|---|
| 7.30am | Arrivals: Welcome on board! | | Wake up | | | | |
| 8.00am |  <p>French tests for new arrivals on Mondays</p> | | Standard course | | | |  |
| 9.00am - 12.00am | | |  | | | | |
| 1.00pm | | | Lunch | | | | |
| 2.00pm - 5.00pm | <p>For new arrivals</p> <p>Sports and activities on campus</p> | Visit of Antibes | Free afternoon | Sailing afternoon | Tree top adventure park | Sports afternoon |  |
| 6.00pm | | Volleyball | Circus | Dance | Basketball | Water games | |
| 7.00pm | Dinner | | | | | | |
| 8.00pm - 10.00pm | Welcome evening | Barbeque evening | Casino evening | Film evening | Cabaret | Disco evening | Olympics evening |

ANTIBES ESSENTIAL ACTIVITY PROGRAM
12-17 YEARS OLD

| | Sunday | Monday | Tuesday* | Wednesday | Thursday* | Friday | Saturday |
|------------------|---|------------------------------------|----------------|-------------------|-------------------|---|------------------|
| 7.30am | Wake up | | | | | | |
| 8.00am | Breakfast | | | | | | |
| 9.00am - 12.00am | <p>Free day</p>  | Standard course | | | | <p>Departure See you next year!</p>  | |
| 1.00pm | | Lunch | | | | | |
| 2.00pm - 5.00pm | | Visit of Antibes or free afternoon | Free afternoon | Sailing afternoon | Visit of Monaco | | Sports afternoon |
| 6.00pm | <p>Sports and activities on campus</p> | Walters' race | Footbaltennis | Zumba | Sports tournament | Dodgeball | |
| 7.00pm | | Dinner | | | | | |
| 8.00pm - 10.00pm | Welcome evening | Barbeque evening | Treasure hunt | Karaoke | Cabaret | Pool party | |

⚠ Note: this document is a sample of activity program, it might subject to change due to operational reasons or according to weather forecast.

