

PRODUCT DETAILS

Himalaya (India) Volunteering Program itinerary (day by day)

The following is the itinerary for the Himalaya (India) program on a day to day basis. This sample is for a 2 week program and longer programs itinerary can be made available if requested by the customer.

The plan depicts two options of programs – a basic version without any excursions and an upgraded version with weekend excursions pre-included in the programs.

	Day	Volunteer Only Program	Volunteer & Travel Program	Meal Plan
Week 1	Day 1 (Monday)	Arrival at New Delhi Airport and transfer to IDEX Delhi accommodation		No Meal
	Day 2 (Tuesday)	Morning briefing on Schedule Free time	Taj Mahal visit	All meals in Volunteer Only/ B,D Only in Volunteer & Travel Option
	Day 3 (Wednesday)	Day is free* and later transfer to Himalaya by an overnight train.	Transfer to Himalaya by an overnight train.	B,D
	Day 4 (Thursday)	Morning arrival at Himachal and transfer to volunteer house. Post arrival rest and orientation, which covers: <ul style="list-style-type: none"> ▪ India & its culture ▪ Accommodation facilities ▪ How to do volunteer work ▪ Project activities ▪ Cultural responsibility ▪ Personal safety & Code of Conduct 		B,L,D
	Day 5 (Friday)	Introduction visit to the volunteering project to start the working and also to plan the volunteering activities for the coming days. Evening visit and dinner with a local host family.		B,L,D
	Day 6 (Saturday)	Free time	Early morning transfer to McLeodganj to explore this beautiful town followed by trekking trip with overnight camping in the mountains.	All meals in Volunteer Only/ B,D Only in Volunteer & Travel Option
	Day 7 (Sunday)	Free time	In the morning, after breakfast, return to McLeodganj from the mountains, free time in the town to explore the town and then late afternoon transfer back to volunteer house for the night.	
Week 2	Day 8 to Day 12 (Monday to Friday)	Volunteer work as per the indicated daily schedule and afternoon routine of .and participants will also participate in the following cultural workshops (one-time activity): - <ul style="list-style-type: none"> • Henna painting session with sari dressing workshop • Elementary Hindi lessons • 2 Yoga session and • Local Cooking demonstration. 		B,L,D
	Day 13 (Saturday)	After lunch transfer to railway station to board the overnight train to New Delhi		B,L,D
	Day 14 (Sunday)	Arrival at Delhi and transfer to Airport/ Overnight at Delhi.		Meals as per departure

B-Breakfast; L-Lunch; D-Dinner

A TYPICAL DAY (INDICATIVE)

The schedule of the day depends on the type of project but below mentioned is just the brief outline of their normal day:

Timings	Activities
7:00-8:00hrs	Breakfast at accommodation
8:00-13:00hrs	Project volunteering work
13:30-14:30hrs	Lunch ¹
15:00-16:00hrs	Cultural workshops- as per program schedule
16:00-17:00hrs	Preparation meeting/lesson planning for next day
17:00-17:30hrs	Tea/coffee at accommodation
19:00-20:00hrs	Dinner at accommodation

¹Lunch may be offered as packed lunch or lunch at the project depending on different factors such as distance from accommodation and others.

*The scheduled time table mentioned above may change due to the need of the project or any other circumstances.

