

PRODUCT DETAILS

Goa Volunteering Program itinerary (day by day)

The following is the itinerary for the Goa program on a day to day basis. This sample is for a 2 week program and longer programs itinerary can be made available if requested by the customer.

The plan depicts two options of programs – a basic version without any excursions and an upgraded version with weekend excursions pre-included in the programs.

	Day	Volunteer Program	Meal Plan
Week 1: Arrival and Orientation	Monday	Arrival at Goa airport and transfer to accommodation for an overnight stay. <i>(Please note that no activities will be organized during this day – or any of the previous days – unless a specific program has been asked for and promised)</i>	No Meal
	Tuesday	<ul style="list-style-type: none"> Morning after breakfast, the day starts with welcome meeting. Orientation on these following topics: <ul style="list-style-type: none"> India & its culture Accommodation facilities How to do volunteer work Project activities Cultural responsibility Personal safety & Code of Conduct Hindi tutorial After lunch you start preparing for your first day at your designated project – learn how to do your work, go through records of your project, and preparation meeting with your project executive. 	B, L, D
	Wednesday	<ul style="list-style-type: none"> Morning Yoga session #1 First day of your volunteer project – getting introduced to the project and starting work. Local food preparation demonstration and food tasting. 	B, L, D
	Thursday	<ul style="list-style-type: none"> Morning Yoga session #2 Volunteer work during the day as per the indicative schedule. Local traditional dressing and Henna workshop Local host family dinner to get an experience of the local day to day to life. 	B, L, D
	Friday	<ul style="list-style-type: none"> Volunteer work during the day as per the indicative schedule. 	B, L, D
	Saturday	Free weekend	All meals at Volunteer house/ B,D Only during not stay at Volunteer House
Sunday	Free weekend		
Week 2 : volunteering +travel	Monday to Friday	Volunteer work of around 05 hours per day as per the daily schedule.	B,L,D
	Saturday	Free weekend	All meals at Volunteer house/ B,D Only during not stay at Volunteer House
	Sunday	Transfer to Goa airport for journey back home – departure transfer is given from 20:00 hours until 10:00 hours next day.	

B-Breakfast; L-Lunch; D-Dinner



A TYPICAL DAY (INDICATIVE)

The schedule of the day depends on the type of project but below mentioned is just the brief outline of their normal day:

Timings	Activities
7:00-8:00hrs	Breakfast at accommodation
8:00-13:00hrs	Project volunteering work
13:30-14:30hrs	Lunch ¹
15:00-16:00hrs	Cultural workshops- as per program schedule
16:00-17:00hrs	Preparation meeting/lesson planning for next day
17:00-17:30hrs	Tea/coffee at accommodation
19:00-20:00hrs	Dinner at accommodation

Lunch may be offered as packed lunch or lunch at the project depending on different factors such as distance from accommodation and others.

⁺The scheduled time table mentioned above may change due to the need of the project or any other circumstances.

