



WEEKLY ACTIVITY PROGRAM

On their arrival, the students receive a welcome pack including a weekly program of activities (sample on p.8).

1 HALF DAY EXCURSION:

Antibes: Second city department, Antibes Juan-Les-Pins has a rich historical and architectural past. The tour lasts around 1 hour and includes the visit of “old town” and its ramparts.

OR

The Lerins Islands: The “Iles de Lérins” is a small archipelago just off the coast of Cannes and part of the commune of Cannes.

The tour lasts around 1 hour and includes the visit of the “Fort of St Marguerite Island” and the sea museum.

OR

Tree top adventure park: students will spend their afternoon up in the trees completing a high rope course. Move from tree to tree on a series of varied challenges! Students will navigate through their chosen courses difficulty level and height.

1 FULL DAY EXCURSION AT THE WEEK-END:

Monaco: The Principality of Monaco is a city of luxury and beauty which has many specific characteristics and it is specially known for its Casino.

The tour lasts around 1 hour and includes the visit of the royal palaces, the cathedral, the Gardens and the Casino.

OR

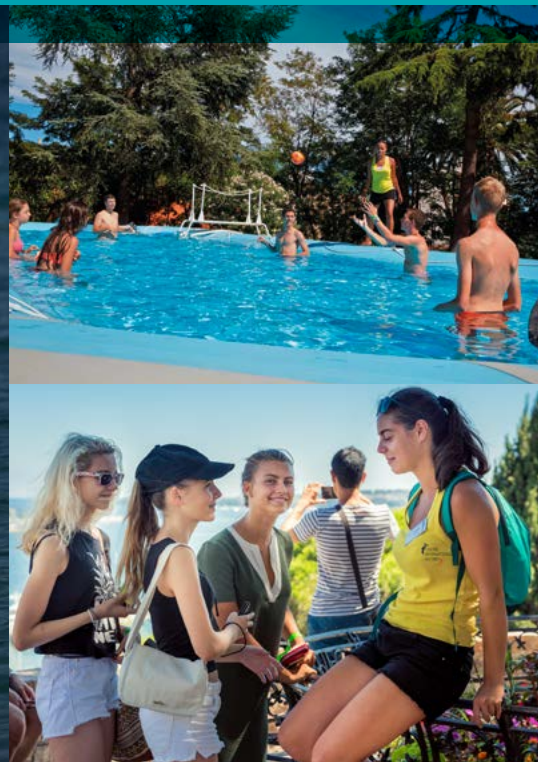
Nice: Nice is the capital of the French Riviera, modern, elegant and simple. You can go from the center to the beach in 5 minutes.

The tour lasts around 1 hour and includes the visit of : Mont Boron Gardens, Place Massena, the Promenade des Anglais, the old town and its shops, the Cours Saleya...

OR

Aquasplash: The largest water park on the French Riviera with numerous pools. Students have the whole day to enjoy this aquatic park (11 am to 5 pm).





1 SAILING AFTERNOON:

One weekly sailing lesson taught and run by a professional sailing school.

SPORT OR WORKSHOP:

our camp counselors also propose different games and activities for students to participate in such as: sports tournaments, dance classes, water aerobics, ping-pong, and more!

EVENING ENTERTAINMENTS:

A «barbecue» or themed meal, disco party, games, cabarets, shows, etc.

IMPORTANT NOTES

- **All activities are mandatory excepted Sailing.**
- After each excursion students have some **free time** to enjoy the place by themselves.
- According to the school activities' schedule the **full day excursion** may be organized on **Sunday**. The free day takes place then on Saturday.
- **Student accommodated in host family** will spend evenings with their host family except for the barbecue evening on Monday and the Friday evening on campus.



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7.30am	Arrivals: Welcome on board!		Wake up				
8.00am	Breakfast						
9.00am - 12.00am	<p>For new arrivals</p> <p>Sports and activities on campus</p>	<p>French tests for new arrivals on Mondays</p>	<p>Standard course</p>			<p>Autonomy workshop</p>	<p>Aquasplash</p>
1.00pm		Lunch					
2.00pm - 5.00pm	Visit of Cannes		Sailing afternoon	Free afternoon or workshop	Visit of Monaco	Sports afternoon	
6.00pm	Volleyball		Circus	Dance	Basketball	Water games	Football
7.00pm	Dinner						
8.00pm - 10.00pm	Welcome evening	Barbeque evening	Casino evening	Film evening	Cabaret	Disco evening	Olympics evening

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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7.30am	Wake up						
8.00am	Breakfast						
9.00am - 12.00am	Free day	<p>Standard course</p>				<p>Autonomy workshop</p>	<p>Departure See you next year!</p>
1.00pm	Lunch						
2.00pm - 5.00pm	Visit of Cannes or free afternoon	Tree top adventure park	Free afternoon or workshop	Sailing afternoon	Sports afternoon		
6.00pm	Sports and activities on campus	Walters' race	Footbaltennis	Zumba	Sports tournament	Dodgeball	
7.00pm	Dinner						
8.00pm - 10.00pm	Welcome evening	Barbeque evening	Treasure hunt	Karaoke	Cabaret	Pool party	

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Note: this document is a sample of activity program, it might subject to change due to operational reasons or according to weather forecast.