



## WEEKLY ACTIVITY PROGRAM

### 1 HALF DAY "ADRENALINE" ACTIVITY:

**Laser Quest:** Exciting infrared pursuit indoor game where several players compete, individually or as a team, to score a maximum of points.

OR

**JUMP XL:** 1400m<sup>2</sup> indoor multi-activity park: Trampoline, Foam pool for crazy jumps, Dodgeball field, a 3m high Jump Tower, Ninja course and many other play and Fun zones!

OR

**Tree Top Climbing:** An afternoon in one adventure park located in Villeneuve-Loubet or Grasse. Teens will challenge themselves and enjoy a wide variety of elements, such as rope climbing exercises, obstacle courses and zip-lines.

### 1 HALF DAY "FUN" ACTIVITY:

**Private beach:** Students will spend one afternoon at a private beach, where they can relax on a deckchair, topping up their tan and sipping a cold drink.

OR

**Snorkeling:** equipped with palms, mask and snorkel, teens will enjoy discovering the Mediterranean treasures and take a nice swim then tan on the boat.

OR

**Seaside:** A sailing session of 1h30 accompanied by an instructor from the FFV (French Sailing Federation) or Stand Up Paddle Board or Kayak

### 1 FULL DAY "DISCOVERY" ACTIVITY on Saturday to discover the region:

**Monaco:** The Principality of Monaco is a city of luxury and beauty which has many specific characteristics and it is specially known for its Casino. The tour lasts around 1 hour and includes the visit of the royal palaces, the cathedral, the Gardens and the Casino.

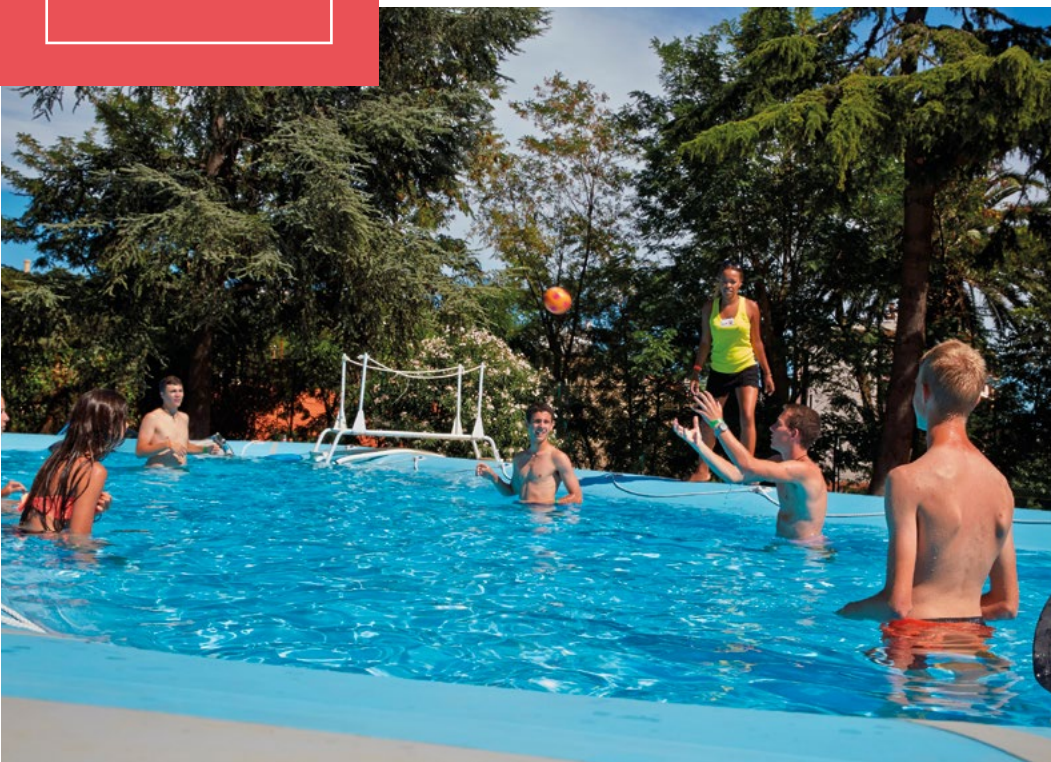
OR

**Nice:** The capital of the French Riviera, both elegant and simple, Nice's charm comes from its exceptional climate as well as its beauty. The tour lasts around 1 hour and includes the visit of the "the old town" and the castle tower.

OR

**Aquasplash:** The largest water park on the French Riviera with numerous pools. Students have the whole day to enjoy this aquatic park (11 am to 5 pm).





## WEEKLY ACTIVITY PROGRAM

### 1 SPORT AFTERNOON:

Our monitors organize different sports like football tournaments, beach volley, footing, aqua gym, Ping-Pong, basketball, sport themed activities.

### WEEKLY EVENING ENTERTAINMENTS:

- 1 barbecue party on Monday then activities on site or free time (in/out campus)
- 1 evening Cinema + funky fast-food restaurant
- 1 farewell evening on the beach on Friday (Pizza party & Games)
- Other evenings : themed meal, disco party, games, cabarets, shows, etc.

## IMPORTANT NOTES

- **All our activities (except evening entertainments) are mandatory.**
- After each excursion students have some **free time** to enjoy the place by themselves.
- According to the school activities' schedule the **full day excursion** may be organized on **Sunday**. The free day takes place then on Saturday.
- This is a sample of activity program, it might subject to change due to operational reasons or according to weather conditions.

