



Example Timetable : Junior English Plus Sports inc. Horseriding (Week 1)

This timetable is based on students living in the College
 Students living in homestay accommodation are required to be at the College by 08:45 and eat dinner at their homestay
 This course rotates on a weekly basis.



	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	Arrival Day Powerpoint Presentation Induction and Orientation		Wake up	Wake up	Wake up	Wake up	Wake up
07:45 - 08:45		Wake up and Breakfast Snack	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 - 10:30		English test and information (high season only)	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
10:30 - 11:00			Break	Break	Break	Break	Break
11:00 - 12:30		Brunch	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
12:30 - 13:45		Orientation and Free Time or Supervised on site Activities	Lunch	Lunch	Lunch	Lunch	Lunch
13:45 - 14:30			Horseriding	Benchball	Horseriding	Tennis	Jurassic Coast walk to Durlston Country Park including Castle & Globe
14:30 - 15:15				Swimming		Volleyball	
15:15 - 15:30			Break	Break	Break	Break	
15:30 - 16:15			Basketball	Team Sports	Relay Games	Aeroball	
16:15 - 17:00			Gym Training		Kwik Cricket	Badminton	
17:30 - 18:30		Welcome Presentation	After School Clubs	After School Clubs	After School Clubs	After School Clubs	
18:30 - 19:15		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:15 - 22:30		Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities
22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	



Example Timetable : Junior English Plus Sports inc. Horseriding (Week 2)

This timetable is based on students living in the College
 Students living in homestay accommodation are required to be at the College by 08:45 and eat dinner at their homestay
 This course rotates on a weekly basis.



	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
07:30	Wake up		Wake up	Wake up	Wake up	Wake up	Wake up
07:45 - 08:45	Breakfast		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 - 10:30	Full Day Excursion e.g. London	Wake up	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
10:30 - 11:00		Brunch	Break	Break	Break	Break	Break
11:00 - 12:30			English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
12:30 - 13:45		Half Day Excursion to Bournemouth	Lunch	Lunch	Lunch	Lunch	Lunch
13:45 - 14:30			Horse Riding	Netball	Horseriding	Football	Hockey
14:30 - 15:15				King Pin		Table Tennis	Swimming
15:15 - 15:30			Break	Break	Break	Break	Break
15:30 - 16:15			Team Building	Tchoukball	Archery	Beach Games	Tag Rugby
16:15 - 17:00			Handball	Mini-golf	Dodgeball		Lacrosse
17:30 - 18:30			After School Clubs	After School Clubs	After School Clubs	After School Clubs	After School Clubs
18:30 - 19:15		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:15 - 22:30		Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities
22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	