



## Example Timetable : Junior English Plus Sports inc. Golf (Week 1)

This timetable is based on students living in the College  
 Students living in homestay accommodation are required to be at the College by 08:45 and eat dinner at their homestay  
 This course rotates on a weekly basis.



	<b>Saturday</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
07:30	<b>Arrival Day</b> Powerpoint Presentation Induction and Orientation		Wake up	Wake up	Wake up	Wake up	Wake up
07:45 - 08:45		Wake up and Breakfast Snack	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 - 10:30		English test and information (high season only)	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
10:30 - 11:00			Break	Break	Break	Break	Break
11:00 - 12:30		Brunch	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
12:30 - 13:45		Orientation and Free Time or Supervised on site Activities	Lunch	Lunch	Lunch	Lunch	Lunch
13:45 – 14:30			Benchball	Golf	Football	Golf	Volleyball
14:30 – 15:15			Gym Training		Lacrosse		Basketball
15:15 – 15:30			Break		Break		Break
15:30 – 16:15			Team Sports		Kwik Cricket		Tennis
16:15 – 17:00					Team Building		Aeroball
17:30 - 18:30		Welcome Presentation	After School Clubs	After School Clubs	After School Clubs	After School Clubs	After School Clubs
18:30 - 19:15		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:15 - 22:30		Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities
22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	



## Example Timetable : Junior English Plus Sports inc. Golf (Week 2)

This timetable is based on students living in the College  
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 This course rotates on a weekly basis.



	<b>Saturday</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
07:30	Wake up		Wake up	Wake up	Wake up	Wake up	Wake up
07:45 - 08:45	Breakfast		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:00 - 10:30	<b>Full Day Excursion</b> e.g. London	Wake up	English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
10:30 - 11:00		Brunch	Break	Break	Break	Break	Break
11:00 - 12:30			English Lesson	English Lesson	English Lesson	English Lesson	English Lesson
12:30 - 13:45		<b>Half Day Excursion</b> to Bournemouth	Lunch	Lunch	Lunch	Lunch	Lunch
13:45 - 14:30			Relay Games	Golf	Handball	Golf	Old Harry Rocks Walk - Jurassic Coast
14:30 - 15:15			Table Tennis		Badminton		
15:15 - 15:30			Break		Break		
15:30 - 16:15			Archery		Swimming		
16:15 - 17:00			Dodgeball				
17:30 - 18:30		After School Clubs	After School Clubs		After School Clubs		
18:30 - 19:15	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:15 - 22:30	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities	Evening Activities
22:30	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime	Bedtime