## Club 50 plus ILA Montpellier Example activity program

## Week 1

Sunday: Arrival

Monday: Guided city tour "historic center" + welcome drink (2.5 hours)

Tuesday: Tasting of local product (2.5 hours)

Wednesday: Free

Thursday: Museum Fabre (1.5 hours)

Friday: Half day excursion to Nimes (Arena, Fontaine Gardens, Maison Quarré)

Saturday: Full day excursion to Avignon and Pont du Gard (Old town, palace of the pope, world famous aqueduct)

## Week 2

Monday: Guided city tour "new city" center (1.5 hours)

Tuesday: Wine and cheese tasting (2.5 hours)

Wednesday: Free

Thursday: Dinner with ILA staff in restaurant

Friday: Half day excursion to Sète, the Venice of Languedoc

Saturday: Departure

