

# Program Sample Summer Course

## TIMETABLE

There are 5 language classes each day equal to around 19hrs of language classes per week. The typical timetable is:

- 09.30 – 11.00: Language class 1 & 2
- 11.00 – 11.30: Snack break
- 11.30 – 13.00: Language class 3 & 4
- 13.00 – 13.15: Snack break
- 13.15 – 14.00: Language class 5 (interactive group project which students present as a performance on Friday )
- 14.00 – 15.30: Lunch
- 15.30 – 19.30: Afternoon activity on Monday, Wednesday and Friday / OPTIONAL Activity Course on Tuesday and Thursday
- 20.00: Dinner and free time with host family



## ACTIVITIES

The JSC includes 3 afternoon activities during the week and a full day excursion on Saturday. The students are supervised by a monitor who coordinates host families, organisation of activities and the students' overall wellbeing. Students have 2 free time afternoons (Tuesday and Thursday) to participate in the Activity Course such as Surfing or Kayaking and Sunday to spend time with their host family.



## ADDITIONAL ACTIVITY COURSES

- SURF: 2 surf classes per week on Tuesdays and Thursdays with a maximum of 6 students per instructor. All materials are provided (board, wetsuit, insurance and a hot shower in the winter). If there are not enough people to form a group, the number of hours per week will be reduced accordingly. Held at Zurriola Beach.
- KAYAK: 2 kayak classes per week on Tuesdays and Thursdays with a maximum of 5 students per instructor. All materials are provided (kayak and locker). If there are not enough people to form a group, the number of hours per week will be reduced accordingly. Held at La Concha Beach.
- STAND UP PADDLE: 2 stand up paddle classes per week on Tuesdays and Thursdays with a maximum of 5 students per instructor. All materials are provided (board, paddle and locker). If there are not enough people to form a group, the number of hours per week will be reduced accordingly. Held at La Concha Beach.
- FOOTBALL: 2 training sessions per week on Tuesdays and Thursdays with a maximum of 7 students per instructor. Students must bring their own football boots/cleats. Option to participate in the Donosti Cup in July. If there are not enough people to form a group, the number of hours per week will be reduced accordingly.
- GOLF: 1 golf class per week normally on Tuesdays with a maximum of 4 students per instructor. All materials are provided (golf clubs, private transfer and entrance to the golf course). If there are not enough people to form a group, the number of hours per week will be reduced accordingly. Held at golf courses in Spain or France.

