

# Example weekly Programme

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>AM</b>	Breakfast		Breakfast		Breakfast	Breakfast	
	Language lessons		Language lessons		Language lessons	Language lessons	
	Lunch		Lunch		Lunch	Lunch	
	Language lessons		Language lessons		Language lessons		
<b>PM</b>	Afternoon snacks	Excursion	Afternoon snacks	Excursion	Afternoon snacks	Sports competition	Excursion
	Language lessons		Language lessons		Language lessons		
	Sports		Sports		Sports		
	Dinner		Dinner		Dinner	Dinner	
	Sports		Sports		Sports	Disco	

Outings on Tuesdays and Thursdays are accompanied and guided by teachers or house parents

