

# YOUR MEALS MENU

Juniors who have booked the package with accommodation get the FULL-BOARD. Whitout accommodation, all the students have got a lunch from Monday to Saturday included in their junior/kid program. Please advise us in advance in case of special diet or medical requirement.

### **BREAKFAST MONDAY TO SUNDAY**

Hot drinks, fruits, yoghurt, fruit juice, jam, bread and butter.

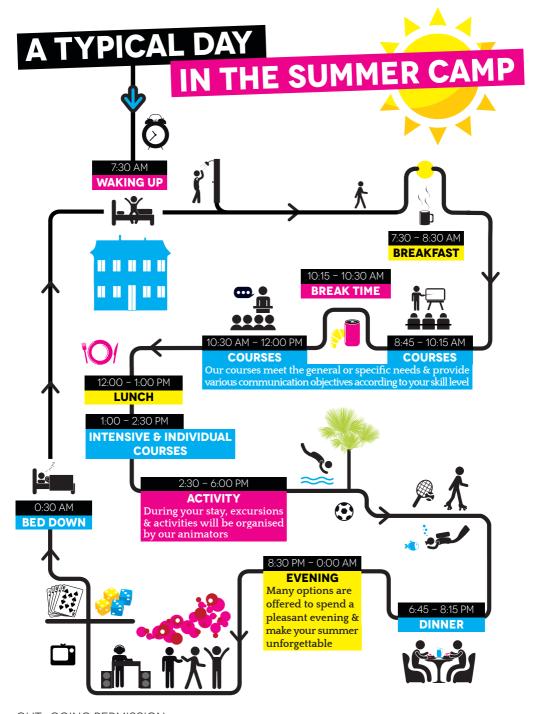
## LUNCH BREAKFAST MONDAY TO FRIDAY / SATURDAY & SUNDAY PACKED LUNCH

Salads in self-service, one main course including meat or fish, varied vegetables, cheese, a dessert or a fruit

### **DINNER MONDAY TO SUNDAY**

Salads in self-service, one main course including meat or fish, varied vegetables, cheese, a dessert or a fruit.

TIMETABLE SUMMER CAMPUS				
EXAMPLE	MORNING	1:00 <sup>PM</sup> -2:30 <sup>PM</sup>	AFTERNOON	EVENING
MONDAY	standard course	intensive & individual courses	aquatic activities, historical center sight- seeing, roller blade, theater workshop	video games, bowling
TUESDAY			beach, mini golf, football, visit of confectionery Florian, beach soccer	poker, Salsa lesson
WEDNESDAY			beach, beach volley, MAMAC museum, shopping, Matisse museum, basket ball	nail works- hop, disco
THURSDAY		half day excu Vence, Villefr	rsions : Juan les Pins, Antibes, St-Paul de anche, Monaco, Eze	karaoke, ping pong
FRIDAY			beach games, dancing course (hip hop), handball, Parc Phoenix, fly fish	student show
SATURDAY	full day excursions : Menton, Monaco, Cannes, St-Tropez			giant Cluedo, fitness
SUNDAY	free time		beach games, ping-pong, board games, badminton, kayak	casino night, Old Nice



## **OUT-GOING PERMISSION**

With the parental authorization, 13-15 yo students are allowed to go out unaccompanied until 7:00 pm, 16-17 yo students are allowed to go out unaccompanied until 00:30 am (Out-going permission form available in the price list for juniors) The 8-12 yo kids are never allowed to go out unaccompanied by adults.